



Cambridge National Certificate in Sport Studies





Why should you choose Sport Studies?....



GCSE equivalent



The bulk of learning and assessment is done through practical means.



Sport is a high profile and fast-growing industry = increased job prospects.



It is fun and engaging!



Topics:



R184: Contemporary Issues in sport (1 hour exam)



R185: Performance and Leadership in sports activities (practical based)



R186: Sport and the Media



R187: Increasing awareness of Outdoor and Adventurous activities (practical elements)



R185: Performance and Leadership in sports activities (PERFORMANCE)



You will take part in a wide range of sports/activities throughout the course.



You will be marked in 2 of your best sports.



You can be marked in a sport that we do not do in school (Swimming, boxing... etc).



Coursework element



R185: Performance and Leadership in sports activities (LEADERSHIP)



You will learn about Sports leadership and what skills and attributes are needed to be a good leader.



You will design lesson plans and teach your lesson to a group of students.



R186: Sport and the media



You will learn about different sources of media that cover sport



Positive and negative effects of the media



R187: Increasing awareness of outdoor and adventurous activities



Provision in the UK for different activities



Learn about equipment and safety aspects.



Plan and participate in an outdoor and adventurous activity





Job/Career prospects



Just a few examples:

- ▶ PE Teacher
- ▶ Sports Coach
- ▶ Physiotherapist
- ▶ Nutritionist
- ▶ Personal Trainer
- ▶ Army
- ▶ Sports Journalism
- ▶ Sports Scientist
- ▶ Fitness Instructor
- ▶ Leisure Assistant
- ▶ Police





Next steps....



A Level Physical Education - Level 3



Cambridge Technicals in Sport - Levels 2 & 3



**Vocational qualifications (QCF) Certificate /NVQ
Diploma/Personal Training & Leisure Management.**



Apprenticeship Framework Levels 1/2