

### OVERVIEW

The Sport Studies course provides an engaging and relevant introduction to the world of sport. It incorporates important aspects of the sporting world such as contemporary issues in sport, practical sports performance, sports leadership, and participation in outdoor and adventurous activities. It enables you to develop and apply your knowledge, while also developing a range of relevant practical, communication and technical skills.

### Autumn

R187 : Increasing awareness of Outdoor and Adventurous Activities

Student will gain an understanding of the provision available of different types of outdoor and adventurous activities both locally and nationally. For two particular activities, students will develop their knowledge and understanding of equipment, clothing and safety aspects, types of technology used and the different types of terrain

R184 – Contemporary issues in sport

Students will explore a range of topical and contemporary issues in sport, relating to participation levels and barriers, the promotion of values and ethical behaviour.

#### Assessment:

TA1: Centre assessed  
OCR moderated

TA2: Centre assessed  
OCR moderated

R184 – examination unit  
January Mock Exam

#### Personal development:

concepts explored:

- Outdoor education
- Bespoke skills
- Self reflection
- Participation in sport
- Values in Sport
- Major Sporting Events
- NGBs
- Technology on sport

### Spring

R185 – Performance and leadership in sports activities

R187 : Increasing awareness of Outdoor and Adventurous Activities

Jan – March: Students will work on their coursework to ensure that best possible grades are achieved (Controlled Conditions)

March – May: R184 exam preparation

#### Assessment:

R185: Centre assessed  
OCR moderated

R187: Centre assessed  
OCR moderated.

TA4 Centre assessed  
R184: Exam (May)

#### Personal development:

concepts explored:

- Sports Leadership
- Lesson Planning
- Skill development
- Self analysis
- Determination
- Communication

#### Useful resources for supporting your child at home:

**theeverlearner.com**  
**TEAMS**

#### Homework:

Students will be set homework in line with the whole school policy.