

# Year 7

**End of Year  
Assessment  
Countdown  
Booklet  
2026**

Head of Year  
**Mrs Davies**

Respect | Enthusiasm | Ambition | Determination | Resilience



**Irlam and Cadishead Academy**

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# A Message from Mr Smith

Dear Student,

## Year 7 End of Year Assessments

This booklet has been put together to help you prepare fully for your End of Year Assessments which are taking place from the 15th June – 29th June. As you can see from the timetable included you will have a mixture of assessments – some will be in the exam hall (English, Maths and Science) and others in classrooms. In some subjects such as PE and Technology, you will receive an achievement grade based on your performance over the year.

As you know, at ICA we have the highest academic expectations of all students, and this should be reflected daily through good learning habits in every lesson – working hard with determination to succeed. We hope these assessments will be a good opportunity for you to demonstrate how much you have learnt so far. Your teachers will use your results to see whether you are working towards your full potential and to identify areas where you may need support to do so.

It is important to get into good habits for revising as soon as possible. Use the timetable and subject information included here to form a revision timetable which will help you to ensure you have looked over all the relevant information before your exam. If you are not sure about any of the topics or content listed then please speak to your teacher and ask for more guidance. They will be happy to help!

When revising try to use a variety of strategies and formats to help you. This could include making flashcards and regularly testing yourself, using your knowledge organiser for Look, Cover, Write, Check, doing practice questions on Seneca or Sparx, quizzing with friends, making mind maps and much more! Each subject will provide you with a revision booklet full of key knowledge and revision tasks which must be completed before your assessments. When used together they will ensure you are fully prepared for your assessments. Have a look for more tips on BBC Bitesize by following this link [Top revision techniques for exams](#)

Remember, the effort that you put in will be reflected in your achievements. In the long-term working hard now will put you in an excellent position for the future. We are all here to support you to achieve your full potential and if you need any additional guidance or have any concerns please speak to your subject teacher, form tutor or Head of Year.

All the best,

Mr Smith  
**Assistant Principal**

# Top Revision Tips

- **HABIT** - Get into the habit of working in a regular routine, e.g.. revising for 15 minutes every night at 6PM.
- **PLAN**
  1. Plan your weekly revision, homework and leisure time on the timetables provided.
  2. Make sure you can realistically keep to the schedule that you have planned
- **PLACE**
  1. Make sure that you work in the best possible environment:
  2. The room should be well lit to reduce eye strain. Try using your local library.
  3. Quiet with few distractions – no TV or Phones. Sit on a chair at a table or desk rather than lounging on your bed or so close to a window that you might get distracted.
  4. Break each subject down into manageable chunks so that you can revise over a topic once or twice in about 20 to 30 minutes. If you come across topics that you really don't understand, make a note of them and ask the subject teacher for help
- **THINK**
  - ·Use the revision materials your teachers have provided. They have chosen them for a very good reason.
  - ·You are way more likely to remember information that you have to think hard about. Therefore, retrieval practise (quizzing) is the best form of revision. You want it to be hard on the brain.
  - ·Try to test your friends/family and get them to test you. Come back to any questions you got wrong and keep trying until you get them right.
  - ·Space our and interleave your study – this means study 15 minutes on one topic before moving onto another. These can be from different subjects too.
  - ·Saying things out loud can help you to learn and can improve your use of appropriate vocabulary.
- **HONESTY** - Always be honest with yourself. Teachers can help you but they cannot do the work for you.
- **PERSEVERE** - Don't give up: it really is not a long time and it will be worth it! Good luck!

# English

## Reading Paper – 50 minutes – 40 marks

The reading paper focuses on comprehension and analysis of a fictional narrative. You will read an extract from a story and answer a series of questions designed to assess your reading skills and ability to interpret language and character.

### You will be assessed on your ability to:

- Read and understand a fictional story.
- Identify key information through a range of question types, including true/false statements.
- Analyse characters and their relationships by using quotations from the text.
- Understand both explicit (clear) and implicit (hidden or suggested) characterisation.
- Explain how language is used to create meaning, particularly through: Key phrases and imagery, Metaphor, Personification.
- Explore how literary methods help build atmosphere, reveal relationships, and develop themes.
- Comment on emotional connections between characters and how these are reflected in the language.
- Use subject-specific terminology accurately.
- Structure your answers clearly and logically.

# English

## Year 7 English Reading Practice

Read the extract below and answer the questions that follow.

### The Secret of Blackthorn Woods

Mia hated being late. She hurried along the narrow path, her school bag bumping against her side as the rain drizzled through the trees. The woods were darker than usual that afternoon. Water dripped steadily from the branches, and the wind whispered through the leaves like quiet voices. At the centre of the woods stood an old stone bench. Mia stopped when she noticed something strange beside it: a tiny silver key, half-hidden beneath a pile of wet leaves. She picked it up carefully. It was icy cold in her hand.

Suddenly, a crow gave a harsh cry from above her head. Mia jumped. The bird stared down at her with sharp black eyes before flapping noisily into the grey sky.

"Some things are better left alone," her grandmother always said. But Mia slipped the key into her pocket anyway.

Question 1 (1 mark)

Read each statement. Tick all the correct answers.

Statement	Tick (✓)
Mia enjoys being late.	
The weather in the woods is wet and windy.	
The silver key is easy to spot straight away.	
Mia decides to keep the key.	

# English

## Year 7 English Reading Practice

Question 2 (1 mark)

Find and copy one word which means the same as cold.

\_\_\_\_\_

Re-read the second paragraph and answer the questions that follow.

Question 3 (2 marks)

Tick one box in each row to show whether the statement is true or false.

Statement	TRUE	FALSE
The stone bench is brand new.		
Mia finds the key near the bench.		
The crow frightens Mia.		
Mia's grandmother gives warnings about		

Question 4 (1 mark)

Write down a phrase which shows the crow was watching Mia carefully

\_\_\_\_\_

\_\_\_\_\_

# English

## Year 7 English Reading Practice

Question 5 (2 marks)

How can you tell the woods seem mysterious?

Give two pieces of evidence from the text.

1. \_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

\_\_\_\_\_

Question 6 (1 mark)

What impression do you get of Mia from this extract? Tick one.

	Tick (✓)
careless	
curious	
lazy	
selfish	

# English

## Writing Paper – 45 minutes – 40 marks

The writing paper assesses both your grammar knowledge and your creative writing skills. It contains short language-based tasks and an extended creative writing section.

### You will be assessed on your ability to:

#### Language and Grammar Tasks:

- Identify word classes (e.g., nouns, verbs, adjectives).
- Write expanded noun phrases.
- Rewrite sentences in different narrative voices.
- Use commas and semi-colons correctly.
- Improve writing by choosing precise vocabulary.
- Recognise and use main and subordinate clauses.
- Choose the correct homophones in context (e.g., were, where, we're).

#### Creative Writing task:

- Respond to a prompt (e.g., describing a busy place or a character's excitement).
- Write using clear paragraphs and a logical structure.
- Use imaginative language and literary methods such as simile, metaphor, and personification.
- Engage the reader and develop ideas effectively.
- Apply accurate spelling, punctuation, and grammar throughout.

# English

## Year 7 English Writing Practice

Question 1 (1 mark)

What is the word class of the word in bold?

Tick the correct answer.

The rain **hammered** furiously against the classroom windows.

	Tick (✓)
Adjective	
Noun	
Verb	
Adverb	

Question 2 (2 marks)

Write an expanded noun phrase for the following nouns.

Write your answer in a full sentence using the correct punctuation.

2a. Noun: bicycle

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2b. Noun: garden

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# English

## Year 7 English Writing Practice

Question 3 (2 marks)

Identify the narrative voice used in each example.

Tick whether it is written in the first-person or third-person narrative voice.

Sentence	First-person	Third-person
Sophie tightened her scarf as the icy wind swept down	<input type="checkbox"/>	<input type="checkbox"/>
I could barely hear myself think over the crashing	<input type="checkbox"/>	<input type="checkbox"/>
They wandered silently through the abandoned	<input type="checkbox"/>	<input type="checkbox"/>
We knew we should turn back before it became too	<input type="checkbox"/>	<input type="checkbox"/>

Question 4 (2mark)

Rewrite the sentence below using more ambitious vocabulary.

The dog ran across the field quickly.

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Question 5 (2mark)

Add punctuation to the sentence below.

where are you going asked leila I thought the shop was closed

he dog ran across the field quickly.

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# English

## Year 7 English Writing Practice

Look at the picture and answer the question below.



Write a paragraph describing the scene to show how peaceful it is.

You should:

- include effective verbs, adjectives and noun phrases
- select vocabulary which helps to create a peaceful mood
- write in full sentences using correct spelling, punctuation and grammar.

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# Maths

**Paper 1 (Non-calculator) 45 minutes - 45 marks**

**Paper 2 (Non-calculator) 45 minutes - 45 marks**

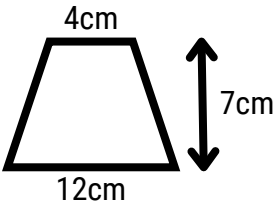
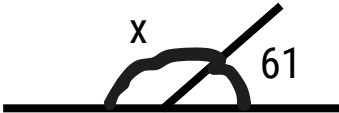
Topic		Sparx Codes
Numerical Skills	Understand and use place value for decimals. Calculations with negative numbers. Estimate calculations by rounding.	M763, M704, M522, M527, M135, M111, M431, M878
Order of operations	Solve calculations requiring understanding of B-I-DM-AS (know that the inverse of squaring is 'square rooting')	M521
Introduction to algebra	Introduce the concept of algebra, simplify expressions, manipulate expressions through simple one step rearranging, substitute positive and negative integers into expressions, solve simple one step equations. Substitute and solve.	M106, M830, M813, M795, M531, M417, M327, M208, M979
Primes, Factors and Multiples	Use the concepts and vocabulary of prime numbers, factors (or divisors), multiples, common factors, common multiples, highest common factor, lowest common multiple	M227, M823, M698, M322, M829
Expanding and factorising 1	Simplify and manipulate algebraic expressions to maintain equivalence by multiplying a single term over a bracket or by taking out common factors	M288, M237, M792, M100
Addition and Subtraction	Calculate and solve problems involving perimeters of rectangles and compound shapes (not circles). Converting metric units of length.	M928, M429, M347, M152, M899
Perimeter	Describe, interpret and compare observed distributions of a single variable through the use of the mean	M920, M635, M690

# Maths

Topic		Sparx Codes
Mean	Describe, interpret and compare observed distributions of a single variable through the use of the mean	M940
Multiplication and Division	Use Multiplication and Division, including formal written methods, applied to integers, decimals	M113, M911, M187, M803, M462, M354, M873, M262
Area of triangles and quadrilaterals	Derive and apply formulae to calculate and solve problems involving area of triangles and quadrilaterals. Converting metric units of area.	M900, M390, M291, M610, M269, M996
Fraction Manipulation	Express one quantity as a fraction of another, where the fraction is less than 1 and greater than 1	M158, M410, M671, M939, M601
Adding and Subtracting Fractions	Use addition and subtraction, including formal written methods, applied to proper and improper fractions, and mixed numbers	M835, M931
Comparing and Ordering Fractions	Compare and order fractions by creating common denominators	M335, M958
Fractions of amounts	Interpret fractions as operators	M695
Polygons	Derive, describe, and illustrate properties of triangles, quadrilaterals and other plane figures. Describe, sketch, and draw regular polygons, and other polygons that are reflectively and rotationally symmetric example, equal lengths and angles] using appropriate language and technologies	M276, M523

# Maths

Topic		Sparx Codes
Angles	Apply the properties of angles at a point, angles at a point on a straight line, vertically opposite angles	M502, M541, M780, M331, M818, M351, M679, M319
Coordinates	Read and plot coordinates in all 4 quadrants. Coordinates and developing algebraic relationships. Find midpoints. Understand how coordinates link to basic graphs of $y=a$ , $x=a$ , $y=x$ and $y=-x$	M618

1) Is the angle $5^\circ$ an acute, obtuse or reflex angle?	2) Calculate the mean: 5, 5, 4, 4, 7, 5	3) Factorise fully: $9x - 6$
4) Calculate the area: 	5) Calculate $x$ , give a reason for your answer 	6) Find the perimeter of a regular octagon with side length 7 cm
7) A rectangle has an area of $51.04 \text{ cm}^2$ . The base is 5.8 cm. Calculate the height.	8) Without a calculator, find $3.2 \times 1.6$	9) Write the below as an improper fraction: $3\frac{2}{5}$
10) Work out $4 + 3 \times 7 - 18$	11) Expand and simplify: $6(2x + 11) + 5(x + 5)$	12) Calculate: $\frac{3}{7} + \frac{2}{3}$

# Science

Exam format 3 x 40 minute exam covering all topics below

Calculators and periodic tables provided

## Biology

### 7.03 Cells, tissues and organs

- Organisms
- The microscope
- Prokaryotic and eukaryotic cells
- Specialised cells
- Diffusion in cells

### 7.05 Organ systems

- Unicellular organisms
- Multicellular organisms
- Digestive system
- Respiratory system
- Circulatory system
- Skeletal system
- Muscles and movement

## Chemistry

### 7.01 Particles

- Particle model
- Diffusion
- Changes of state
- Gas pressure
- Mixtures
- Distillation
- Chromatography

### 7.04 Chemical change

- Chemical change
- Oxidation reactions
- Chemical formula
- Metals and acids
- Endothermic and exothermic reactions

## Physics

### 7.02 Energy

- Energy stores
- Energy pathways
- Efficiency
- Insulation
- Power and energy
- Forces
- Resultant forces
- Balanced and unbalanced forces
- Friction

### 7.06 Sound and Light

- Observing sound
- Transmission of sound
- Sound at a surface
- Observing light
- Colour
- Images
- The eye and vision

# Geography

**1 x 45 minute exam - 40 marks**

## What's on the paper?

Topic 1: Geographical Skill

Topic 2: Climate Change

Topic 3: Development

Topic 4: Rivers

Topic 5: World of Work

## What are some example questions?

- Explaining development indicators.
- Explain how landforms form at the river.
- You will see 5 mark questions your structure should be:
- Point, Develop, Develop (x2) + PLC

## Keywords (Must Know):

- Enhanced greenhouse effect
- Lines of latitude
- Physical factors
- Erosion
- Tertiary Industry

## REVISION

- Complete the revision topics and practice questions set on Seneca
- Use your knowledge organiser for key terms and processes
- Make revision mind maps and notes to supplement your learning using <https://www.bbc.co.uk/bitesize/topics/zvwtsbk>
- Complete the revision booklet work

# History

**45-minute exam covering Units 1 to 4 of Year 7 curriculum, 40 marks**

## What's on the paper?

Unit 1: Empires East and West

Unit 2: Norman Conquest and Control

Unit 3: Medieval Religion

Unit 4: Challenges to Medieval Monarchs

### What are some example questions?

- What can you infer from source A?
- What is the purpose of source B?
- Explain why someone would agree or disagree with interpretation one?
- 'Statement' Do you agree with this opinion?

### Keywords:

- Infer - think
- Source - something that tells you about the past
- Interpretation - opinion
- Purpose - the reason why something was made

## REVISION

- Complete the revision booklet which will be given to you by your class teacher
- Complete the revision topics and practice questions set on Seneca
- Use your knowledge organiser for key terms and dates

# Spanish

**2x 30 minutes papers**

**Paper 1: listening and Reading**

**Paper 2: Writing**

**Topics covered in the Exam:**

Basic greetings  
Introducing yourself  
Family members and pets  
School subjects  
Likes and dislikes of school subjects and reasons  
House and furniture  
Rooms around the house  
The type of town/ house I live in

**Revision:**

- Complete the revision booklet which will be given to you by your class teacher
- Complete the revision topics and practice questions set on [Languagenut.com](https://www.languagenut.com)
- Use your knowledge organiser for key phrases (these are presented in the form of sentence builders)

# PRE

**You will sit one assessment that is 45 minutes and worth 44 marks in total based on Judaism and up to lesson 5 of Christianity.**

**The exam paper will consist of multiple choice questions, describe questions and explain questions.**

**Topics to revise:**

## Section A

**Topic: Judaism**

### Specific Content:

- The Torah
- Key Beliefs
- Pesach/Passover
- Abraham

### Example questions:

Describe three beliefs about the Torah (3 marks)  
Explain two differences between Orthodox and Progressive Judaism (4 marks)

## Section B

**Topic: Christianity**

### Specific Content:

The Trinity  
The Nativity  
The Crucifixion  
The Sermon on the Mount

### Example questions:

Describe three beliefs about the death of Jesus (3 marks)  
Explain two beliefs about the important of the Bible (4 marks)

## Revision Materials:

- You will be given a revision pack to take home and there is revision on SENECA you can use.
- You will have revision lessons in class.

# ICT

**The assessment will take place in your classroom.**

**Your assessment will be 50mins long and will be 50 marks in total**

## **Topics that will be covered:**

Topic 1 – Impact of Technology

Topic 2 – Gaining Support for a Cause

Topic 3 – Programming

Topic 4 – Networks

You will be assessed on your ability to apply learnt ICT skills as well as key terminology and concepts.

## **Revision:**

You will be given a revision booklet to take home to help you revise the above topics we have covered since the start of year 7.

You can also use:

Seneca

Teams – class pages with lesson PowerPoints

Revision checklist/booklet that will be given to you

# Timetable

## Week 1

	Monday 15th June	Tuesday 16th June	Wednesday 17th June	Thursday 18th June	Friday 19th June
Registration and Revision (8.00am)	PRE FORM REVISION	SPANISH FORM REVISION	HISTORY FORM REVISION	GEOGRAPHY FORM REVISION	SCIENCE FORM REVISION
Period 1 Exam start 9.00am		SPANISH EXAM IN LESSON	HISTORY EXAM IN LESSON	GEOGRAPHY EXAM IN LESSON	
Period 2	PRE - EXAM IN LESSON				
Break					
Period 3					
Period 4				Spanish	
Lunch					
Period 5 Exam starts at 2pm					
Revision (3-4pm)					

# Timetable

## Week 2

	Monday 22nd June	Tuesday 23rd June	Wednesday 24 <sup>th</sup> June	Thursday 25th June	Friday 26th June	Monday 29 <sup>th</sup> June
Registration and Revision (8.00am)	English Revision in Form	Science Revision in Form	Maths Revision in Form	English Revision in Form	Maths Revision in Form	Science Revision in Form
Period 1 Exam start 9.00am					Maths Revision Booster	
Period 2					Maths	
Break						
Period 3	Science			English Booster in Lesson		Maths Revision Booster
Period 4	Science			English		Maths
Lunch						
Period 5 Exam starts at 2pm				English		Science
Revision (3- 4pm)						